

# PICC Line Sleeve Tutorial

*Pattern and Tutorial by Laura McCleskey of Tickle Me Tubies*

## Materials:

- ☐ Pattern pieces (body, band, and optional pocket)
- ☐ Knit fabric with at least 50% stretch (four way stretch recommended and necessary for bands, body can be made with two way but be sure it really does have 50% stretch; scraps work great!)
- ☐ Sewing machine (serger not necessary!)
- ☐ Pins or clips

## Notes:

Don't know the stretch on your fabric? Use the stretch guide included in the pattern!

Pattern has not been tested in multiple sizes. It was originally drafted for and tested on size S (10" arm measurement). We'd love feedback on how other sizes work for you!

Want to use a fabric with less stretch? Consider sizing up to allow for the lower stretch content.

Want to personalize the size to your measurements? It's easy! Simply make the body  $5 \frac{1}{2}$  inches X your arm circumference +  $\frac{1}{2}$  inch, and the bands 4 inches X (80% of your arm circumference) +  $\frac{1}{2}$  inch.

Need help? Feel free to email us at [ticklemetubies@mccleskeyteam.com](mailto:ticklemetubies@mccleskeyteam.com).

## Determining Size:

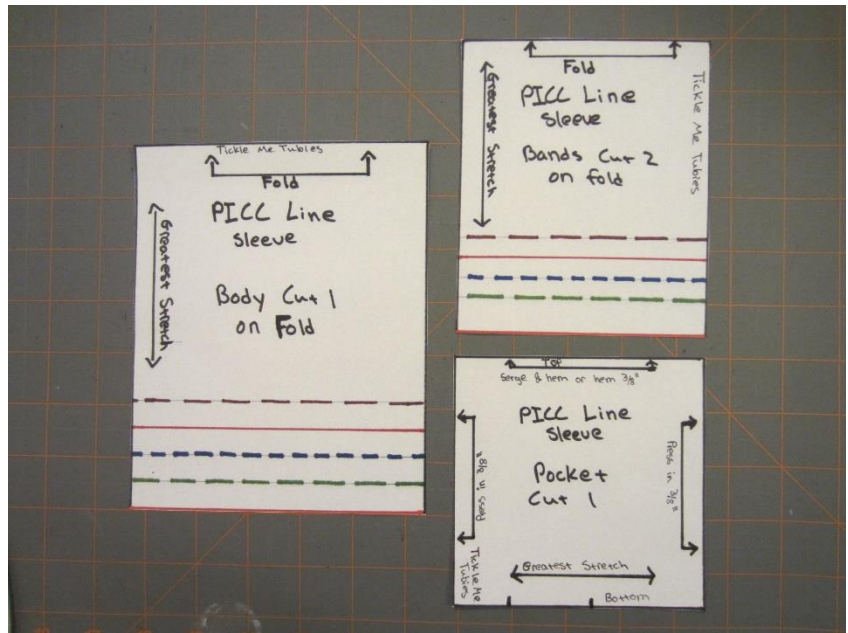
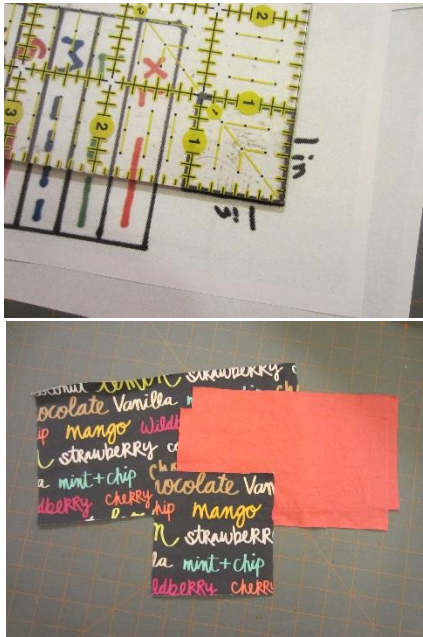
Size measurements are based on arm circumference AT PICC SITE. If you are at upper or lower end of a size, choose size based on whether you prefer it to be tighter (smaller size) or looser (larger size).

Size	XS	S	M	L	XL
Arm Circumference	8 $\frac{1}{2}$ in – 9 $\frac{1}{2}$ in	9 $\frac{1}{2}$ in -10 $\frac{1}{2}$ in	10 $\frac{1}{2}$ in – 11 $\frac{1}{2}$ in	11 $\frac{1}{2}$ in -12 $\frac{1}{2}$ in	12 $\frac{1}{2}$ - 13 $\frac{1}{2}$ in

## Printing the Pattern:

Be sure to print the pattern at 100%. This may require choosing "custom scale: 100%." Check the 1 in X 1 in square on the first page to confirm it printed correctly. Each piece is one page only and there are 3 pages total. Once you have your pattern printed, you're ready to go!

- 1) Print and cut out your pattern pieces, then cut your fabric. BE SURE TO CHECK THE 1 in SQUARE! The pocket is optional, but recommended. Be sure to cut body and band pieces on the fold and line up the stretch as directed. Transfer the two small markings on the bottom of the pocket to the pocket piece. Transfer to right side of the fabric for a pocket on the right side of the main seam in the finished cover and transfer to wrong side of the fabric for a pocket to the left of the main seam on finished cover. (This is a matter of personal preference)



- 2) (OPTIONAL: FOR NO POCKET, SKIP TO STEP 5) Hem/finish top and sides of pocket piece.
- 3) Mark and pin pocket: fold both band pieces in half lengthwise, right sides facing. Take one band piece and mark approximately 1 ½ in in from the left side. Make a second mark 1 in from the first. Take your pocket piece and match up the marking on the pocket piece with those on the band, right sides facing (band will have to stretch to sit flat with pocket). Pin at each mark.



- 4) Sew pocket to band ONLY between the two pins, stretching band to fit to pocket.
- 5) Mark center of both bands and top and bottom of body. Pin bands to body matching up center pins. Pocket should be facing right side up with band on top. Band with pocket should be the LOWER band.



- 6) Sew top band to main body, stretching band to fit. Sew bottom band to main body, stretching band to fit but LEAVE OPEN the portion of the pocket that is stitched to the band. This is VERY IMPORTANT! If using a serger, it may be easier to serge the entire band and then seam rip the pocket hole open. Be sure to secure ends at the pocket hole if serging. This opening will allow the PICC tubing to thread directly into the pocket.





- 7) Open up bands and stitch the sides of the pocket in place. Do not sew the top or bottom of the pocket. OPTIONAL: press band seams out (towards band).



- 8) Pin and stitch side seam right sides together.



- 9) This is the hardest step! Fold top band down until it just covers the serging/seam. Pin in place and sew. Don't worry if it stretches a bit while sewing, this won't show or make a difference in fit once it is worn. If you prefer not to do this, you can just tuck the bands in while wearing. However, we recommend completing this step for optimal comfort.

Repeat with lower band, but DO NOT stitch over the opening to the pocket. This is again VERY IMPORTANT.



10) Turn right side out and you are done! OPTIONAL: press bands.

